

# Considerations for incorporating restricted activities into practice



Restricted activities (RA) are high risk activities that are authorized through legislation and regulation. However, this does not mean that a registrant can automatically perform any restricted activity in any situation, in any practice area.

A registrant may use this framework to assess whether incorporating a RA is appropriate for a specific practice area. Please refer to *Incorporating a Restricted Activity Into Practice: Guidelines (2019)* and *Restricted Activities Standards (2019)* for more information.

## ASSESSMENT

Will the RA address the health needs of the client?

Are you the right provider to meet the client's needs?

Have you considered if the restricted activity requires participation or collaboration with another health-care professional?



## COMPETENCE

Is the RA part of the entry-level competencies?

Can you attain competence?

Can you maintain competence?

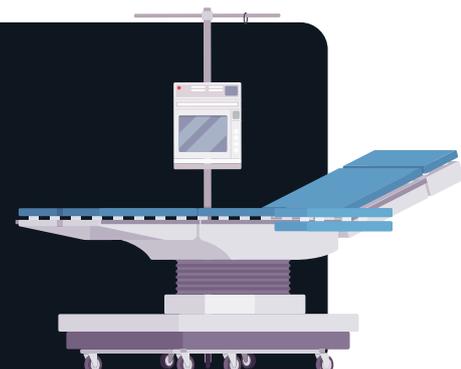


## PRACTICE SETTING SUPPORT

Is the RA within your role?

Is the RA appropriate to your practice setting? Do you have the available resources?

Is the RA consistent with best practice?



# Benefits for incorporating restricted activities into practice

Incorporating restricted activities (RA) can optimize healthcare. Registrants should share the possible benefits with their teams and employers. *Incorporating a Restricted Activity into Practice: Guidelines (2019)* and *Restricted Activities Standards (2019)* are documents that outline expectations of RA for registrants.

## BETTER ENGAGEMENT

Improving the experience of providing care

Engagement with other health-care professionals encourages collaboration and communication when assessing the viability of incorporating a new RA.



## BETTER HEALTH

Improving the health of the population

Incorporating a new RA increases the continuity of care within practice settings for clients.



## BETTER CARE

Improving the patient experience of care

The needs of the client determine if the RA should be incorporated into nursing practice. Being responsive to the health-care needs of clients through evidence informed practice leads to better care.



## BETTER VALUE

Reducing the per capita cost of health care

Regulated members working to their optimized scope of practice maximizes health-system performance through nursing innovation and enhanced quality of care.

