



# **Benefits** for incorporating restricted activities into practice

Incorporating restricted activities (RA) can optimize healthcare. **Regulated members should share the possible benefits with their teams and employers.** *Incorporating a Restricted Activity into Practice: Guidelines (2019)* and *Restricted Activities Standards (2019)* are documents that outline expectations of RA for regulated members.

## BETTER ENGAGEMENT

*Improving the experience of providing care*

Engagement with other health-care professionals encourages collaboration and communication when assessing the viability of incorporating a new RA.



## BETTER HEALTH

*Improving the health of the population*

Incorporating a new RA increases the continuity of care within practice settings for clients.



## BETTER CARE

*Improving the patient experience of care*

The needs of the client determine if the RA should be incorporated into nursing practice. Being responsive to the health-care needs of clients through evidence informed practice leads to better care.



## BETTER VALUE

*Reducing the per capita cost of health care*

Regulated members working to their optimized scope of practice maximizes health-system performance through nursing innovation and enhanced quality of care.

